

DEDHAM HEALTH & Athletic Complex

3/18/20

Dear Member

As of this morning we have been informed that the new guidelines for space occupancy for the State and town of Dedham have been reduced from 25 to 10. Based on these new guidelines it is with a heavy heart that for the first time in over 40 years of business we will be temporarily closing our doors. This Decision will go into effect

TODAY, 3-18-2020 AT 12 NOON.

At this point all monthly dues payments will be suspended indefinitely. When the appropriate authorities determine that we can re-open safely we will do so. We will resume monthly membership billing at that time.

For the mental and physical health and well-being of our members, we will be producing at home exercise routines designed by our expert staff of exercise physiologists. These at home exercise programs will be made available shortly. We will be sending you details on exactly how to access these videos and very soon.

Should you have any exercise or fitness related questions during this time please feel free to email us and we will do our very best to answer them.

We appreciate you, our members sticking with us through these uniquely trying times. We will be working hard, cleaning, updating and getting the club spotless for you when you return to the sanctity of Dedham Health and Athletic Complex.

It has been our pleasure to service all of our wonderful members and guests over the last 40+ years. When this situation comes to an end, and it will, we look forward to servicing you all for another even better 40 years.

Thank you for your continued patronage as we work to navigate through these trying times. All the Best to You and Yours

Dedham Health Management