

DEDHAM HEALTH

& Athletic Complex

3/31/20

[11th Hour Coronavirus Stockpiling and Emergency Prep for Non-Prepers.](#)

The Ideal time to prepare for the coronavirus has passed. Still, this thing is far from over, and if you're wondering if anything can still be done now, the answer is 'yes'.

[Study Finds Patients Frequently Refuse Insulin Therapy](#)

The study also finds that patients who decline insulin therapy had worse blood sugar control.

[Online Forum Aims To Teach How To Deal With Pandemic Stress](#)

Harvard specialists offer insights into what the latest developments in the COVID-19 outbreak may bring.

[6 Fascinating Neuroscience Studies](#)

Neuroscience is never easy, but the resulting intrigue is worth the effort.

[On the Blog: Here's One Thing You Should Be Doing During Covid-19.](#)

Exercise Physiologist, Brynne, talks about the one thing you should be doing during the Covid-19 outbreak.

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