

DEDHAM HEALTH & Athletic Complex

4/8/20

[There's Good News Across America about Coronavirus: It's You](#)

As Americans across the country hunker down to fight the spread of the coronavirus, they're helping each other out while practicing social distancing.

[Mask Decontamination Methods](#)

As people resort to mask reuse during the Covid-19 pandemic, Harvard compares the risks and benefits of major decontamination methods.

[New Blood Test Can Detect Wide Range Of Cancers](#)

Dana-Farber helps lead multi-center trial to provide testing results to patients for the first time.

[Keeping Active While Staying Put](#)

How can you stay active and maintain their physical and mental well-being while also protecting themselves and others by staying put?

[On the Blog: Quarantine Survival Guide](#)

Exercise Physiologist, Brynne, came up with a Quarantine Survival Guide full of websites and activities to help keep you busy during quarantine!

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