

Dear Summer Club Family

Hope this note finds you and your family safe and well.

We wanted to touch base and give you a brief update on what's going on with The Summer Club. At this point, like everyone else, we are in a holding pattern. We are awaiting direction from state and local authorities as to when they feel we will be able to safely open our club. When we know more we will share it with you promptly.

In the meantime our Summer Club leadership team is working diligently on a detailed opening plan that focuses on keeping our Summer Club members and guests safe. We are considering many models and will be fully prepared to welcome you back for a Summer of fun when the time is right.

We've heard from many of you over the past couple of weeks. We would like to take this opportunity to thank all of our wonderful members who, during this trying time, have called and wished us well. We truly appreciate your selflessness and concern for us during this difficult time for everyone. It just goes to show how great our Summer Club Members are.

For your bookkeeping purposes please be aware that we have NOT withdrawn the final 2 Summer Club installments. The last withdrawal we activated was February 25th. We will NOT be withdrawing installments until we understand the exact timeline of when we will be able to open Summer Club. We obviously hope for a full and fun filled Summer. If however, the Summer Club opens later than normal, due to precautions for Covid 19 we will be pro-rating membership fees. If you should have any questions regarding billing or membership dues please feel free to email me at llars@dedhamhealth.com.

We wish you and your family health and happiness during this trying time and we so look forward to seeing you all this Summer at The Summer Club.

Remember, "This Too Shall Pass"

Thank You

Stay Well

With so much doom and gloom going around we thought you could use a little good news. For so many of us, exercise plays a vital part of our physical, mental and emotional well being. Now more than ever it's imperative that we do everything we can to stay active and healthy. With this in mind Dedham Health has created a library of exercise videos for you to utilize in the comfort of your home.

Attached to this email is a link that you can click on. This link will bring you to a registration page which will give you access to three "Dedham Health At Home" workout videos for you to utilize and enjoy

Dedham Health at Home