

# Pickleball



## LOCATED ON THE BASKETBALL COURT

**Monday – Friday: 5:30 am – 4:00 pm**

**Saturday and Sunday: 6:00 am – 4:00 pm**

**Evenings – Thursday and Friday: 5:00 pm – 9:00 pm**

**Court fee - \$20/hour. Can only book on the hour**

**Rental fee - \$2/person. Includes paddle and ball**

**Booking a court can take place up to 6 days in advance by calling 781-326-2900 or at the front desk.**

**Cancellations no later than 48 hours prior to reserved court time.**

A game once played using makeshift racquets out of wooden paddles, pickleball has evolved into a quick, fast-paced, competitive game for all players, beginner or experienced. After gaining extreme popularity and becoming a widespread activity, a corporation was formed in 1972 to protect the game. First beginning in high school and college physical education programs, pickle ball has shown immense growth in the past five years in gym and recreation facilities. Playing either as singles or doubles, pickleball uses ping-pong type racquets, a wiffle-type ball, tennis-like rules and a whole lot of fun!

**DEDHAM HEALTH**  
*& Athletic Complex*

200 Providence Highway, Dedham, MA 02026 • DedhamHealth.com • 781-326-2900

# Rules & Regulations

## GENERAL RULES

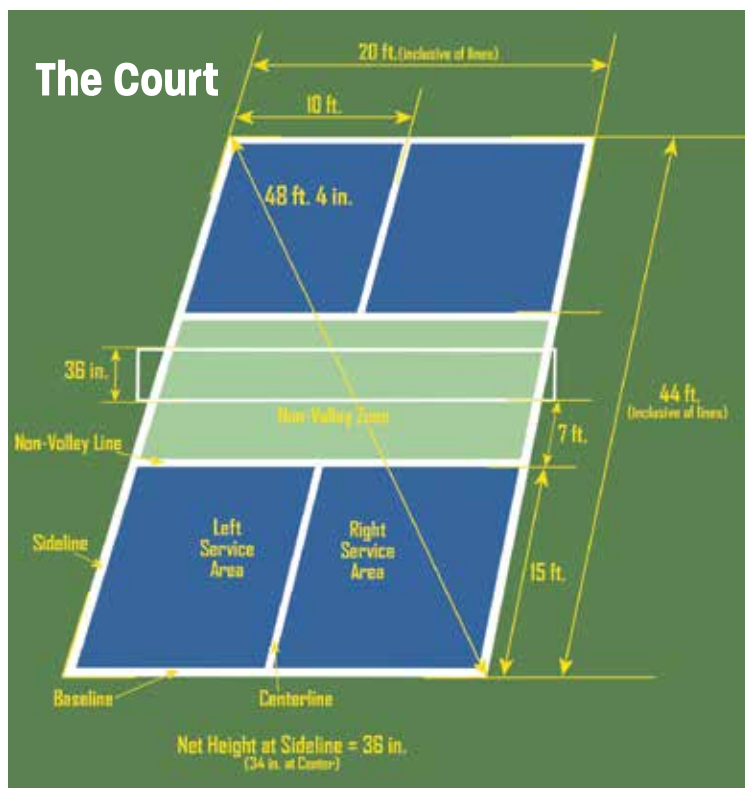
1. All volleying must be done with the player's feet behind the non-volley zone line. It is a fault if the player steps over the line on the volley follow through.
2. Double Bounce Rule - each team must play their first shot off the bounce. That is, the receiving team must let the serve bounce and the serving team must let the return of the serve bounce before playing it. After two bounces have occurred, the ball can be either volleyed or played off the bounce.
3. A ball landing on any line is considered good.
4. The hand below the wrist is considered part of the paddle and shots off any part of it are good.

## SERVICE RULES

1. The player must keep one foot behind the back line when serving.
2. The serve is made underhand and the paddle must pass below the waist.
3. The serve is made diagonally cross-court and must clear the non-volley zone.
4. Only one serve attempt is allowed except if the ball touches the net on the serve and lands in the proper service court. Then the serve may be taken over.
5. At the start of each new game, the serving team is allowed only one fault before giving up the ball to the opponents. Thereafter both members of each team will serve and fault before the ball is turned over to the opposing team.
6. When the receiving team wins the serve, the player in the right hand court will always start play.
7. A player who is serving shall continue to do so until his team makes a fault.

## SCORING RULES

1. A team shall score a point only when serving.
2. The game is played to 11 points; however, a team must win by 2 points.
3. The serving team scores a point when the receiving team makes a fault.
4. In doubles when the serving team wins a point, its players will switch courts and the same player will continue to serve.
5. In doubles, when the serving team makes its first fault players will stay in the same court and the second partner will then serve.
6. In singles, each player serves from the right-hand court when her/his score is zero or an even number, and from the left-hand court when her/his score is an odd number.



## IT IS A FAULT WHEN:

- The ball is hit out of bounds.
- The ball does not clear the net.
- The player steps into the non-volley zone and volleys the ball.
- The ball is volleyed before it has bounced once on each side of the net as outlined